



Canadian Mental  
Health Association  
Hastings Prince Edward  
Addictions and Mental Health Services

## ADDICTIONS COUNSELLING



Services are based on a harm reduction model and best practices to assist individuals to address their substance use concerns.

### Services include:

- staged screening, assessment & treatment planning
- supportive counselling
- service navigation & coordination
- personal & system advocacy
- family support & education
- relapse prevention & crisis planning
- linkage to consulting psychiatrist
- public education & consultation

For more information or to make a referral, please contact

Funded by:

Ontario



613-967-4734



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[cmhahpe.ca](http://cmhahpe.ca)