

## Internal / External Posting

Position:Clinical Counsellor/PsychotherapistJob Status:Temporary Part-TimeRequired Shifts:Days, evenings and/or WeekendsReports to:Program Manager

Hours of Work:0.5 FTE (17.5 hours/week)Hourly Rate:Band 10 (\$38.63 - \$44.32 per hour)Location:Centre HastingsUnion/Non-union:OPSEU Bargaining Unit PositionDate Posted:November 25, 2022Closing Date:December 5, 2022 at 4:30 pm

Please note: this position is a temporary part-time role, with an expected contract end date of September 29, 2023.

## **Position Summary:**

The Clinical Counsellor/Psychotherapist is responsible for the provision of psychotherapeutic assessment and treatment to individuals 16 years of age and older with cognitive, emotional, or behavioural concerns/issues through a therapeutic relationship based primarily on verbal or non-verbal communication, in individual or group session formats. Further to this, the Clinical Counsellor/Psychotherapist will be responsible for clinical case consultation, multidisciplinary team treatment planning meetings, psychoeducational groups, provision of student placements/supervision, community liaison, and community presentations, as required.

## Minimum Qualifications & Experience:

- Master's Degree in Clinical or Counselling Psychology, Social Work, or Occupational Therapy, or equivalent, with psychotherapy training including supervised practicum(s);
- Registration with the Ontario College of Social Workers and Social Service Workers, and/or the College of Registered Psychotherapists of Ontario, and/or other appropriate regulated health professional's college in Ontario;
- 3-5 years' experience working with individuals 16 years of age and older with moderate to severe addictions and/or mental health issues preferred;
- Ability to effectively connect with individuals, colleagues, families, and the community;
- Expertise in the areas of individual and group counselling;
- Knowledgeable of trauma-informed therapies, and working from a client-centered focus;
- Experience working with at least two of the following therapeutic modalities: CBT, DBT, Narrative, Acceptance and Commitment Therapy, and Brief/Solution Focused;
- Experience working effectively within a multi-disciplinary team, and in the provision of student supervision;
- Proficiency in conducting psychotherapeutic assessments and the subsequent provision of evidence-based psychotherapeutic intervention strategies;
- Ability to effectively use various types of verbal, nonverbal and written communication, including but not limited to psychotherapy, counselling, advocacy, and de-escalation of individuals in distress;
- Demonstrates appropriate diplomacy and judgement when liaising with internal and external professionals, family members, colleagues, community, and the public;
- Ability to work under pressure within a changing environment;
- Ability to work collaboratively with internal and external colleagues/health care professionals in meeting clients' recovery goals;
- Ability to be very organized in the development, collection, and presentation of documented information;
- Proficiency with Microsoft Office, Electronic Management Records software (i.e., EMHWare, CRMS), and navigating computers and the internet;

Please note: duties and responsibilities are subject to change in the future; a full job description is available upon request.

Please submit a resume and cover letter quoting competition number 2022-99 To <a href="mailto:careers@cmhahpe.ca">careers@cmhahpe.ca</a> prior to the closing date of December 5, 2022 at 4:30PM.

We are committed to inclusive, barrier-free recruitment processes and work environments. If contacted, please advise us in a timely fashion of any accommodation assistance you require to be assessed in a fair and equitable manner. Information received relating to accommodation measures will be addressed confidentially.