



Canadian Mental  
Health Association  
Hastings Prince Edward  
Addictions and Mental Health Services

## CASE MANAGEMENT



Services are based on the Recovery Model, which supports independence, wellness, personal growth and community living. Some of these programs provide long-term support, while others provide short-term, transitional services to address needs that require rapid responses.

### Services include:

- community-based service offered in the client's environment of choice
- individual assessment & planning
- supportive counselling
- service navigation & coordination
- family support & education
- skills groups
- relapse prevention & crisis planning
- public education & consultation
- transitional & discharge planning from hospital

### Specialized case management services include:

- Activities of Daily Living Peer Mentor \*internal referrals only
- Concurrent Disorders Case Management
- LGBT2SQ+ Case Management
- Transitional Case Management

For more information or to make a referral, please contact

Funded by:

Ontario 

613-967-4734

OR Visit our website  
[cmhahpe.ca](http://cmhahpe.ca)