



Canadian Mental  
Health Association  
Hastings Prince Edward  
Addictions and Mental Health Services

## PROBLEM GAMBLING



People from all age groups, income levels and backgrounds can have a problem with gambling.

Services are available to anyone who has concerns about gambling in relation to themselves or someone close to them.

Services include:

- individualized assessment & treatment planning
- supportive counselling
- referral to other resources to address presenting needs
- advocacy & relapse prevention & crisis planning
- family support & education

We also offer education on treatment and prevention of problem gambling to professionals or other interested groups.

For more information or to make a referral, please contact

Funded by:

Ontario



613-967-4734



Visit our website  
[cmhahpe.ca](http://cmhahpe.ca)